

2017 Race Diary

Road, Multi Terrain, Fell, Cross Country Track and Field, Parkruns

Most popular with club members

Road

Date	Venue	Distance	Comment
2 Apr	Wakefield	10K	Mildly undulating
9 Apr	Hornsea	1/3 Mar	Official distance
9 Apr	Vale of York	10 mile	Newly added. 2 nd year
14 Apr	New Marske	10K	Good Friday. Fast seafront if not windy
23 Apr	Manchester	Marathon	Fast course
23 Apr	Blackpool	Mara	Fast if not windy on seafront
23 Apr	Blackpool	10K & 10k	As above
23 Apr	London	Marathon	Full
30 Apr	Kirkby Moorside	10K	Tough but very popular race
14 May	Leeds	1/2 Marathon	'Run for All' event
14 May	Beverley	10K	Sold out
17 May	Askern	10K	Wednesday night race
28 May	Edinburgh	Marathon	Some tough parts, but overall downhill
Jun. TBN	Mulgrave. Whitby	10K	Tough and scenic
Jun. TBN	New Marske	10K	'Victorian'. 10 min miling requirement
18 Jun	Hull	10K	'Run for All' event
25 Jun	Humber Bridge	10K	On the bridge
9 Jul	Kilburn Feast	7 miles	Hilly and scenic
Jul. TBN	Harrogate	10K	Recent course changes
9 July	Leeds	10K	'Run for All' race
12 Jul	Doncaster	5K	Wed night. Town centre race
14 Jul	Walkington	10K	Friday night. Popular hilly race
19 Jul	Redcar	5K	Evening race
Aug. TBN.	York	5K	Millennium Bridge races & shorter races
6 Aug	York	10K	'Run for All' event
13 Aug	Dublin	1/2 marathon	Join the Trown sisters and other club members
10 Sep	Newcastle. GNR	½ marathon	Full
24 Sep	Nottingham	Marathon & 1/2	Tough half – boring 2 nd half
1 Oct	Redcar	1/2 Marathon	Popular race on coastal roads
8 Oct	Chester	Marathon	PB potential
8 Oct	York	Marathon & 10 mile	Marathon Full.
15 Oct	Bridlington	1/2 Marathon	PB potential if not too windy
22 Oct	Scarborough	10K	Our own great race
29 Oct	Dublin	Marathon	Cheap air fares possible
6 Nov	Leeds	10K	Abbey Dash race, Fast course.

Multi Terrain (Non Extreme- see Hardmoors Web for other)

Date	Venue	Distance
2 Apr	Fountains Abbey	10K
14 Apr	Easter Egg, Bridlington	5 mile
16 Apr	Hemsley	10K
7 May	Ravenscar	Half Marathon & 10K
14 May	Ripon	10 miles
16 July	Castle Howard	6K & 10K
Sep TBN	Pickering and Moors	10K
12 Nov	Dalby Dash	10K. (EYXC Clash)
Dec TBN	Poultry Run	8 miles

Fell

See Esk Valley Fell Club for information re course/distance/climb

2016/17 Winter Season. (Recommences 5 March)

Date	Race Title
25 Mar	Cock Howe. (Juniors only)
17 Apr	Guisborough Moors

Summer Series

Date	Race Title
17 May	Fox and Hounds
23 Mly	Roseberry Romp
7 June	Ossy Oiks
21 June	Whorlton Run
11 July	Tom Brandsdale's Race
26 July	Inclined to Madness
5 Aug	Osmotherly Show Race
8 Aug	Ravenscar Rumble
16 Aug	Gribdale Gallop
30 Aug	Roseberry Topping
9 Sep	Castleton Show Race
17 Sep	Viking Chase

2017/18 Winter Series

Date	Race Title
24 Sep	Lockton Limping
15 Oct	Gomire Gamble
5 Nov	Saltergate Gallows
3 Dec	Eskdale Eureka
27 Dec	Guisborough Woods

Track and Field

Youth Development League. Lower Age Div 1

22 Apr.	Saturday. Sheffield
20 May	Saturday. York
18 Jun	Sunday. Hull
15 Jul	Sunday. Rotherham

Championships

4/5 Feb	Northern Indoors. Sheffield
13/14 May	Yorkshire
10 Jun	N. Yorks Schools
10/11 Jun	U20/Sen Northern
17/18 Jun	English U20/23
24/25 Jun	English Regional C.E
7/8 Jul	English Schools
29/30 Jul	CAU. Inter Counties
12/13 Aug	English U15/17 C.E
19/20 Aug	Northern U15/19
26/27 Aug	English U15/17
16/17 Sep	English Schools. C.E.

Open Meetings

York Summer League. All at York Stadium

7 May
3 Jun
17 Jun
2 Jul
29 Jul

North Yorks League

Mid week evening. TBN

Other Open meetings

Hull, York , Middlesborough and Wakefield – TBN

Parkruns

All start at 0900 every Saturday. Standard 5 K for all local events (some have a 2.5 K option). Free to enter. Log on 24 hours to Parkrun Web to register and get a barcode to use for all future races.

Parkruns at: Dalby Forest, Sewerby, York, Hull x 3, Middlesbrough x 2 – and all over the UK and also some overseas countries- look up before going abroad.